CORONAVIRUS

WHAT SHOULD I DO TO PREVENT CATCHING AND SPREADING THE VIRUS?

- Frequently clean hands by using alcohol-based hand rub or soap and water
- Avoid touching your face (eyes, nose or mouth)
- Avoid close contact with people suffering from a fever or cough
- When coughing or sneezing cover mouth and nose with flexed elbow or tissue
- Throw tissue away immediately and wash hands
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

THE FOLLOWING SYMPTOMS MAY APPEAR 2-14 DAYS AFTER EXPOSURE

- A low-grade fever that gradually increases in temperature
- Having a cough that gets more severe over time
- Shortness of breath
- Muscle pain

ANY QUESTIONS?
Call or visit your nearest UCT Clinic located at Pilot and Flying J Travel Centers

UCT Clinic Locations:
https://urgentcaretravel.com/locations

If you are struggling to breathe, Call 911
CALL OR VISIT YOUR NEAREST UCT CLINIC
LOCATED AT PILOT AND FLYING J TRAVEL CENTERS

- Baytown, TX (I-10, Exit 789)
  Tel: (281) 837-5152
- Carlisle, PA (I-81, Exit 52 or I-76, Exit 226)
  Tel: (717) 906-1555
- Cartersville, GA (I-75, Exit 296)
  Tel: (770) 386-0707
- Dallas, TX (I-20, Exit 472)
  Tel: (214) 238-0797
- Fontana, CA (I-10, Exit 64, at South Sierra Plaza)
  Tel: (909) 550-3320
  Tel: (330) 568-8172
- Joplin, MO (I-49, Exit 39A)
  Tel: (417) 952-3205
- Knoxville, TN (I-40, Exit 398)
  Tel: (865) 329-9492
- Laredo, TX (I-35, Exit 12 or 13)
  Tel: (956) 704-7754
- Oklahoma City, OK (I-40, Exit 140)
  Tel: (405) 789-0212
- Phoenix, AZ (I-10, Exit 137)
  Tel: (623) 226-3404
- Ruther Glen, VA (I-95, Exit 104)
  Tel: (804) 803-6887
- Toledo, OH (I-280, Exit 1B)
  Tel: (419) 503-6393
- West Memphis, AR (I-55, Exit 4 or I-40, Exit 280)
  Tel: (870) 333-3419

Opening soon: Spiceland (IN), Des Moines (IA),
Lebanon (TN), South Beloit (IL), St. Louis (MO).

Expanding to 40-50 Clinics Nationwide

CALL YOUR NEAREST CLINIC FIRST. IF CLINIC TEAM NOT AVAILABLE, THEN CALL
(865) 338-8074